



## Level 1 certification

You can already skate so why not learn how to teach? Join us for a certification and here is what you will learn:

1. How to break down basic and some intermediate skills in order to teach people how to skate
2. The Teaching Model which is the list of goals you will follow to create a complete lesson from Hello to Goodbye
3. How to improve your own skating by learning and understanding the technique behind the skill
4. How to demonstrate skating and speak in front of others with confidence
5. How to market yourself to earn additional income

Tools you will receive:

1. 32 page Manual
2. Additional information on skill progressions (created by other Apprentice Instructors!)
3. Videos online showing the moves and the progression of skills used to build a skating move
4. Incredible support from your Certified Examiner to insure you understand what you need to teach, why you need to teach each step and how to teach well. Further, your Certified Examiner will also help you improve any skills/moves you are interested in improving or learning.
5. Support from the other Apprentice Instructors taking the course with you. You'll see, it's amazing.

Skills you will need to demonstrate:

V Walk and Basic Stride \*  
Heel stop or toe stop\*  
A Frame turn -both directions\*  
Spin stop -both directions  
Crossovers in a circle -both directions\*  
Parallel turns -both directions  
Backwards skating –swizzles”  
Mohawk transitions –all directions

Skills you will learn to teach: (\*above)

V Walk and Basic Stride  
Heel Stop or Toe Stop

A Frame turn - both directions  
Crossovers in a circle - both directions  
Backwards skating - swizzles

**Cost for Level One Certification.**

- Cost is \$29 per person and includes your membership in the USSG for the balance of the calendar year.
- We require a minimum of three candidates for the Level One Certification.
- Does not include Insurance (sold separately at \$75)
- NSP candidates will receive an additional discount with four or more candidates
- Host a certification and receive a terrific discount for the cost of your certification (4 or more)
- Take your Certification Program in Seattle and your cost is only \$200 (not including Insurance)
- Prices are based on offering your examiner a couch surfing option
- Price does not include a location fee. If this is required it will be shared by all the candidates

Insurance. For three reasons the Insurance is sold separately: because not all candidates pass and therefore cannot use the insurance; in order to keep the cost down and; because not all candidates require insurance. The USSG provides an annual insurance policy which costs between \$75 per calendar year. (It is offered at \$65 for those requiring June 1<sup>st</sup>, or after.

You are encouraged, if not otherwise covered, to purchase insurance. We offer a policy for individuals and for schools. Skate IA was formed, in part, to insure that skate instructors had proper coverage for their professional businesses. The insurance is inexpensive and easily obtained. The USSG passes the cost of the policy to you without a profit, just enough to cover the Paypal cost. Get protected!